

Don't Just Look Around, Look Up

II Corinthians 4:18

"For God has not given us a spirit of fear, but of power and of love and of a sound mind."

II Timothy 1:7 (NKJV)

1. Focus your mind on _____, not on the _____.

"And there will be signs in the sun, in the moon, and in the stars; and on the earth distress of nations, with perplexity, the sea and the waves roaring; men's hearts failing them from fear and the expectation of those things which are coming on the earth, for the powers of heaven will be shaken. Then they will come and see the Son of Man coming in a cloud with power and great glory. Now when these things begin to happen, look up and lift up your heads, because your redemption draws near."

Luke 21:25 (NKJV)

"And they have defeated him by the blood of the lamb and by their testimony. And they did not love their lives so much that they were afraid to die."

Revelation 12:11 (NLT)

2. Focus your life on the _____, not on what you can _____.

"We are hard pressed on every side, but not crushed; perplexed, but not in despair, persecuted, but not abandoned; struck down, but not destroyed. We always carry around our body the death of Jesus, so that the life of Jesus may also be revealed in our body.....Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal."

II Corinthians 4:8-10, 16-18 (NIV)

3. Focus your heart on _____, not _____.

"I prayed to the LORD, and he answered me. He freed me from all my fears."

Psalms 34:4 (NLT)

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