



Prayer Hacks Panel Notes:

Prayer Hacks – Matthew 6:9-13

Praise

"Our Father in heaven, hallowed be your name..."
Matthew 6:9

Repent

"Forgive our debts, as we also have forgiven our debtors..."
Matthew 6:12

Ask

"Give us today our daily bread..."
Matthew 6:11

Yield

"Your kingdom come, your will be done..."
Matthew 6:10

Teach Us to Pray: Prayer Hacks

Questions based on Sermon from February 19, 2023

Getting to Know Me

1. Have you ever met a celebrity? Who? How did you meet? Would you consider yourself friends with them now? Why or why not?

Digging Deeper

2. Which questions or responses from Sunday's panel did you most connect with? Did you receive the answer you needed?
3. What question about prayer do you wish had been asked and responded to?
4. Phil shared a formula for prayer based on The Lord's Prayer: **Praise, Repent, Ask, Yield**. In your current prayer life, which of these four do you consistently practice? Which one (or more) do you need to incorporate more often?
5. Read James 1:5; Mark 11:24; Matthew 21:21-22. God promises to answer our prayers. Why don't we see the answers we want all the time? How do these verses mesh with Matthew 6:10? How do asking boldly and yielding to the will of God go together in your prayer life?

6. What hinders your prayers? Read James 1:6-8, Luke 18:9-14 and Mark 11:25.
7. What does habit (or lack of habit), commitment (or lack of commitment) have to do with the time you spend connecting with God? If we are to "Pray without ceasing," should we also set a disciplined time to meet with God?
8. What have you learned about God in this season studying the Lord's Prayer? How has it changed your thinking? Your heart? Your view of God?

Where Do I Go from Here?

9. Read Ephesians 3:14-21. What touches you in this prayer by Paul for the people of Ephesus? For whom do you want to pray this prayer? A spouse? A son or daughter? For yourself? Find a partner in your Growth Group. Read the prayer. When Paul says "you", add the name of your partner (i.e., "He may strengthen you, Joyce, with power...").
10. Practice PRAY (**P**raise, **R**epent, **A**sk, **Y**ield) using these prompts:
 - **Praise:** Holy God, we praise you because you are _____ (share an adjective or truth about God).
 - **Repent:** Forgive me for _____ (tell God about the ways you've sinned or stepped out of bounds).
 - **Ask:** I know you're a gracious and giving God, so now I ask that you _____ (ask for what you need physically or spiritually, intercede for others).
 - **Yield:** In all of this, Lord, I want your kingdom and your will to be done. So bring my heart and my will in alignment with yours. Amen.

"We exist to glorify God by guiding people into a growing relationship with Jesus Christ."