

becoming

Contagious Joy

Philippians 4:4-5

We live enthusiastically for Jesus in such a way that others are drawn to him.

What is Joy?

Joy is the deep gladness of knowing that God is good and that he's got us.

Joy is a _____.

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control."

Galatians 5:22

Joy is a _____.

"Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near."

Philippians 4:4-5

"Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus."

I Thessalonians 5:16-18

How do we spell Joy?

J _____

"I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing... I have told you this so that my joy may be in you and your joy may be complete."

John 15:5, 11

O _____

"Make my joy complete... not looking to your own interests but each of you to the interests of others."

Philippians 2:2-4

Check out SERVE opportunities at SERVE Fair or email office@rmchurch.org.

Y _____

This kind of JOY is _____!

"So the women hurried away from the tomb, afraid yet filled with joy, and ran to tell his disciples."

Matthew 28:8

Contagious Joy

Questions based on Sermon from March 26, 2023

Getting to Know Me

1. Would you rather run at 100 mph or fly at 20 mph?
2. Who is someone in your life that you think exhibits Contagious Joy? What stands out to you about them?

Digging Deeper

3. As you listened to the sermon this week, what new insight or question arose as you explored living out a Contagious Joy?
4. Take turns defining the differences between “joy” and “happiness.” Which, do you think, is more “contagious”?
5. What do you find encouraging as you discover that joy is both a *fruit* and a *choice*? What do you find challenging about this idea?
6. Read Philippians 4:4-5. Why is it difficult for you to “*rejoice always*?” What do you think might help us become more consistently joy-filled?
7. Read Matthew 28:8. Have you ever experienced fear or sadness *and* joy at the same time? What did that feel like? How can joy exist alongside other feelings that come and go?

8. Read John 15:5-12 slowly out loud. What do you discover here about the connection of growing in a relationship with Jesus and experiencing his joy? How does this relate to our relationships with others?

Where Do I Go from Here?

9. How do you think Contagious Joy relate to or grow out of the values of Christlike Humility, Selfless Unity, Holy Hunger, and Overflowing Generosity?
10. How will you let your Contagious Joy “*be evident to all*” this week (Philippians 4:4-5)?
11. Memorize 1 Thessalonians 5:16-18 this week and let these verses guide you through each day.
12. Take a moment to identify current situations or challenges which are obstacles to you experiencing joy. Practice the following three actions to help you experience God’s will for your life in Christ Jesus.
 - Always be joyful – rejoice.
 - Pray continually – seek God.
 - Give thanks – trust and be thankful to God for his love and mercy and his will that you have peace.

In Closing

Pray Psalm 51:10-12: “*Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the **joy of your salvation** and grant me a willing spirit, to sustain me.*” Amen.

“*We exist to glorify God by guiding people into a growing relationship with Jesus Christ.*”

becoming

Contagious Joy

Philippians 4:4-5

We live enthusiastically for Jesus in such a way that others are drawn to him.

What is Joy?

Joy is the deep gladness of knowing that God is good and that he's got us.

Joy is a fruit.

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control."

Galatians 5:22

Joy is a choice.

"Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near."

Philippians 4:4-5

"Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus."

I Thessalonians 5:16-18

How do we spell Joy?

Jesus

"I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing... I have told you this so that my joy may be in you and your joy may be complete."

John 15:5, 11

Others

"Make my joy complete... not looking to your own interests but each of you to the interests of others."

Philippians 2:2-4

Check out SERVE opportunities at SERVE Fair or email office@rmchurch.org.

You

This kind of JOY is CONTAGIOUS!

"So the women hurried away from the tomb, afraid yet filled with joy, and ran to tell his disciples."

Matthew 28:8