

Chosen in Grace

Ephesians 1:3-14

You were _____

"... He chose us in him before the
_____ of the world..."

You were _____

"In him, we have _____ through his
blood, the forgiveness of our trespasses..."

You were _____

"In him, you also, when you heard the word of
truth, the gospel of our salvation, and believed
in him, were _____ with the promised Holy
Spirit..."

***"In him we have redemption through his blood,
the forgiveness of our trespasses, according to
the riches of his grace."***

Aim: To remind of and affirm the identity of the
people of God. Paul will be exploring the richness of
our theology and how to live it out, but this section
sets up the lens of identity that it must be interpreted
through.

***"In him you also, when you heard the word of truth,
the gospel of your salvation, and believed in him, were
sealed with the promised Holy Spirit, who is the
guarantee of our inheritance until we acquire
possession of it, to the praise of his glory."***

Ephesians 1:13-14

I refuse to be a Christian that displays *timidity*
disguised as _____.

Next Steps to dive deeper:

Growth Groups: rmchurch.org/groups

Bible Project – Intro to Ephesians

Ephesians Bible Studies

- NavPress LifeChange – "Ephesians"
- Daily Grace – "Chosen"
- RightNow Media – Search
"Ephesians"



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Ephesians 1:3-14

Questions based on Sermon from April 23, 2023

Getting to Know Me

1. In what ways did you experience a *Holy Hunger* during the growth group break?
2. Have you ever been *chosen* to participate in something (a team, work project, advisory board)? What was the experience like?

Digging Deeper

3. What was something new, helpful, or challenging from Sunday's message?
4. Read Ephesians 1:3-14. What is the main theme of this passage and why do you think Paul is bursting with praise for God?
5. Who chose us and for what purpose? (vs. 3-6)
6. What are the lies that the world tries to tell you about who you are/you identify? Who does God say that you are?

7. When you think about your identity in Christ, do you identify more with your sinful nature, or do you identify more with the fact that you have been chosen by God?
8. What guarantee do we have that we are part of God's inheritance? (vs. 13-14). What does it mean that we were sealed with the Spirit?
9. Which of the four aspects of being sealed with the Spirit do you most resonate with right now: SECURITY, AUTHENTICITY, BELONGING, or AUTHORITY? Which aspect do you desire to relate to more?

Where Do I Go From Here?

10. Consider the current lens through which you view life. What can you do to change the lens through which you view life to one that more closely identifies with being chosen by God?
11. How should the truth that we are "in Him" change the way you live this week?

Close in Prayer

Spend a few minutes sharing prayer requests or breaking into pairs/trios to pray for one another. Pray over one another that you may experience a deeper understanding of being "in Christ" this week.

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Ephesians 1:3-14

You were chosen

"... He chose us in him before the foundation of the world..."

You were redeemed

"In him we have redemption through his blood, the forgiveness of our trespasses..."

You were sealed

"In him, you also, when you heard the word of truth, the gospel of our salvation, and believed in him, were sealed with the promised Holy Spirit..."

"In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace."

Aim: To remind of and affirm the identity of the people of God. Paul will be exploring the richness of our theology and how to live it out, but this section sets up the lens of identity that the rest of Ephesians must be interpreted through.

"In him you also, when you heard the word of truth, the gospel of your salvation, and believed in him, were sealed with the promised Holy Spirit, who is the guarantee of our inheritance until we acquire possession of it, to the praise of his glory."

Ephesians 1:13-14

I refuse to be a Christian that displays *timidity* disguised as humility.

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