

# STAYING STUCK

## How to Live in Loneliness

Genesis 2.18 & Hebrews 13.5

### *Longing for Belonging*

*"It is not good for the man to be alone..."*  
Genesis 2.18

### *Open Up*

You can only be truly \_\_\_\_\_ when you are truly \_\_\_\_\_.

*"No more lies, no more pretense. Tell your brother the truth. In Christ's body we're all connected to each other."*  
Ephesians 4.25 MSG

### *Circle Up*

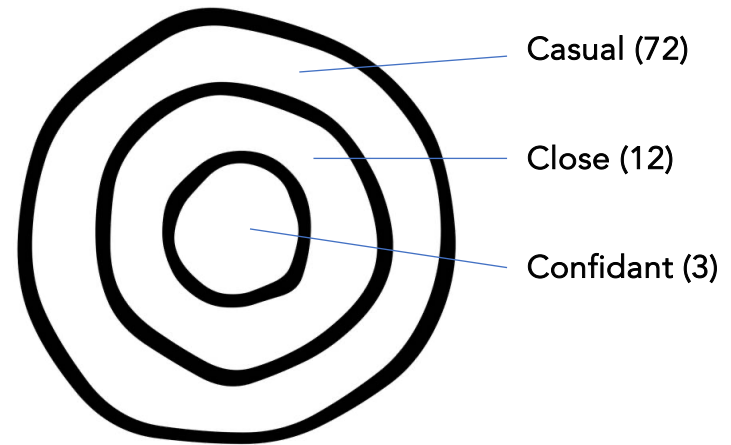
Jesus' community of friends looked like this...

72 (Luke 10:1)

12 (Luke 6:13-16)

3 (Matthew 17:1)

*"The righteous choose their friends carefully, but the way of the wicked leads them astray."*  
Proverbs 12.26



### *Look Up*

Look up to see \_\_\_\_\_ you can serve.

*"Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another."*  
John 13.34-35

Look up to see \_\_\_\_\_ right there with you.

**Even when you feel lonely, you are never alone.**

### *Memory Verse:*

*"Never will I leave you; never will I forsake you."*  
Hebrews 13.5

# STAYING STUCK

## How to Live in Loneliness

Genesis 2.18 & Hebrews 13.5

### *Longing for Belonging*

*"It is not good for the man to be alone..."*  
Genesis 2.18

### *Open Up*

You can only be truly loved when you are truly known.

*"No more lies, no more pretense. Tell your brother the truth. In Christ's body we're all connected to each other."*  
Ephesians 4.25 MSG

### *Circle Up*

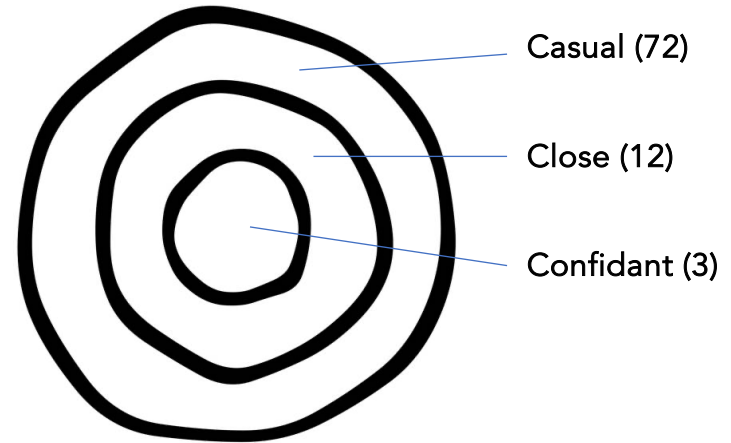
Jesus' community of friends looked like this...

72 (Luke 10:1)

12 (Luke 6:13-16)

3 (Matthew 17:1)

*"The righteous choose their friends carefully, but the way of the wicked leads them astray."*  
Proverbs 12.26



### *Look Up*

Look up to see others you can serve.

*"Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another."*  
John 13.34-35

Look up to see God right there with you.

**Even when you feel lonely, you are never alone.**

### *Memory Verse:*

*"Never will I leave you; never will I forsake you."*  
Hebrews 13.5