

Living in Grace

Glow in the Dark – Ephesians 5:1-20

Love and Light

“God is love. Whoever lives in love lives in God, and God in them.”
I John 4:16

“God is light; in him there is no darkness at all.”
I John 1:5

Live in Love

“Follow God’s example, therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.”
Ephesians 5:1-2

All *ethics* are simply an expression of _____.

All *sin* is simply a _____ thing pursued in the _____ way.

Live as Light

*“For you were once darkness, but now you are light in the Lord. Live as children of light (for the fruit of the light consists in all goodness, righteousness and truth) and find out what pleases the Lord. Have nothing to do with the fruitless deeds of darkness, but rather expose them... Everything **exposed by the light becomes a light.**”*
Ephesians 5:8-13

How do we live as light? (v. 9)

Goodness: _____

Righteousness: _____

Truth: _____



Light does two things:

1. Light _____ what is hidden in the dark.
2. Light _____ what is illuminated.

How will you live in **love** and live as **light** this week?

Living in Grace: Glow in the Dark

Questions based on sermon from October 1, 2023

Getting to Know Me

1. Where is the darkest place you've ever been (a cave, a blackout room, etc.)? How did you feel to be in darkness? How did it feel when light shined into that darkness?
2. What is your favorite thing to do on a warm, sunny day?

Digging Deeper

3. What new insight or information did you learn from Pastor Phil's message this past Sunday?
4. Read Ephesians 5:1-2. Here we are told to "Follow God's example... and _____." Why do you think this passage of "do's and don'ts" begins with the example of God's love and our call to live a life of love?
5. Read Ephesians 5:3-7 and then read Matthew 22:35-40. How do the words of Jesus in Matthew illuminate how we live in love?
6. Read John 13:35. Why is it attractive to our dark world if Christians shine the light and love of Jesus? Do you think Christians in America are known by their love? How can Ephesians 5:1-20 be looked at as a passage on evangelism?

7. If light = love, and darkness = lack of love, where are you living in the dark? Is it possible to be conforming to this ethical standard yet still lack love? Where do you see a lack of love in our "Christian culture"?
8. Read Ephesians 5:8-10. Phil said "goodness" is loving with our *hands*, "righteousness" is loving with our *hearts*, and "truth" is loving with our *head*. What could this kind of love and light look like in your day-to-day life?
9. Read Ephesians 5:19-20. How does focusing on your thankfulness to God give you power to live out love? Are you thankful you no longer live in darkness? How does singing God's praises affect your hands, heart, and head?

Where Do I Go from Here?

10. How are you using your hands, heart, and mind to love God and love people? How can you grow your love for God and people using these?
Hands:

Heart:

Head:
11. What areas of your life are you living in the dark? Why have you chosen to live there? What steps will you take to live in light and love this week?

Prayer

"God, help me to live in Your light, to be a light that draws others to you. Give me a heart that loves sacrificially as You did, hands to love those in my world, and thoughts of love for all I encounter."

Living in Grace

Glow in the Dark – Ephesians 5:1-20

Love and Light

"God is love. Whoever lives in love lives in God, and God in them."

I John 4:16

"God is light; in him there is no darkness at all."

I John 1:5

Live in Love

"Follow God's example, therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God."

Ephesians 5:1-2

All *ethics* are simply an expression of love.

All *sin* is simply a good thing pursued in the wrong way.

Live as Light

*"For you were once darkness, but now you are light in the Lord. **Live as children of light** (for the fruit of the light consists in all goodness, righteousness and truth) and find out what pleases the Lord. Have nothing to do with the fruitless deeds of darkness, but rather expose them... Everything **exposed by the light becomes visible** – and everything that is illuminated **becomes a light.**"*

Ephesians 5:8-13

How do we live as light? (v. 9)

Goodness: Hands

Righteousness: Heart

Truth: Head



Light does two things:

1. Light exposes what is hidden in the dark.
2. Light transforms what is illuminated.

How will you live in **love** and live as **light** this week?