

THE GOSPEL OF  
**mark**

**Faith in the Midst of Fear**  
**Mark 4:35-41**

*“When Jesus woke up, he rebuked the wind and said to the waves, ‘Silence! Be still!’ Suddenly the wind stopped, and there was a great calm. Then he asked them, ‘Why are you afraid? Do you still have no faith?’ The disciples were absolutely terrified. ‘Who is this man?’ they asked each other. ‘Even the wind and waves obey him!’”*  
Mark 4:39-41 NLT

**Calming the Storm**

1. Storms are \_\_\_\_\_.

*“I look up to the mountains —  
does my help come from there?  
My help comes from the Lord,  
who made heaven and earth!  
He... never slumbers or sleeps.”*  
Psalm 121:1-4 NLT

2. When storms come, call out to \_\_\_\_\_.

3. Storms usually have a \_\_\_\_\_.

- To \_\_\_\_\_ us.  
(Jonah; Hebrews 12:5-6; Psalm 23)
- To \_\_\_\_\_ us.  
(John 6)
- To \_\_\_\_\_ us.  
(II Corinthians 4:17; James 1)

4. Jesus is always with us in a \_\_\_\_\_.

**Looking Deeper**

Isaiah 43:2-4  
Ephesians 2:2  
Ephesians 6  
Job 1-2  
Acts 27:31  
Jude 24

## Gospel of Mark: Faith in the Midst of Fear

Questions based on Sermon from January 28, 2024

### Getting to Know Me –

1. When was the last time you were really scared? What happened?
2. Is there a childhood fear that you have overcome?

### Digging Deeper

3. What new insight or information resonated with you from Pastor Bill's sermon on Sunday?
4. Read Mark 4:35-37 – Pastor Bill mentioned that storms are *inevitable*. Why do you think storms are such a regular part of life?
5. What does Jesus say in John 16:33 that helps bring perspective to us when the storms of life arise?
6. Read Mark 4:38 – Here we see Jesus sleeping during this huge storm. How did the disciples feel about this? What feelings arise in you as you envision this interaction? Why do you think the disciples fear was either warranted or unwarranted?
7. Read Psalm 121 – Who do you call out to when a storm starts brewing in your life? Who helps you get through the storms of life?

8. Read Mark 4:39-40 – Storms have *purpose*. What did the disciples learn from this interaction with Jesus? How do you see Jesus' divine power on display in calming the seas?
9. Read Mark 4:41 – Why do you think this terrified the disciples? What were they questioning? What are your questions after reading this chapter?

### Going Deeper:

In this chapter, we see Jesus display power over creation. Storms can come with a purpose and may continue throughout our life. Take time this week to reflect on the storms of your life. Where have you seen God's purpose revealed? Write down ways storms have been used in your own life to:

Correct:

Protect:

Perfect:

**Reflect:** Pastor Bill mentioned that life isn't a "cruise ship" but a "battleship." How has knowing that Jesus has divine power to help you during life's battles encouraged you?

### Prayer:

Slowly read Psalm 46 out loud together. Take time to "Be Still" and be reminded of God's presence in your life. We serve a powerful God who is ready and able to take on the storms of your life. Amen

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**1. Storms are inevitable.**

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**2. When storms come, call out to Jesus.**

**3. Storms usually have a purpose.**

- To correct us.  
(Jonah; Hebrews 12:5-6; Psalm 23)
- To protect us.  
(John 6)
- To perfect us.  
(II Corinthians 4:17; James 1)

**4. Jesus is always with us in a storm.**

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